MAGNA SKILLS DEVELOPMENT INSTITUTE

Capacity Building • Professional Training • Organisational Development

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Course Profile Document

Safety, Health and Environment (SHE)

Health Assessment and Clinical Nursing

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE	DELIVERY	DURATION	PREPARED FOR
MSD2781	**Online / Face-to-Face**	**Flexible**	**Organisation Approval**

Register for this Course **View Online Course Page**

Course Overview

Magna Skills presents the "Health Assessment and Clinical Nursing" course, designed for aspiring nurses and healthcare professionals to develop essential skills in health assessment and clinical nursing. It covers comprehensive health assessment techniques, data collection, and clinical nursing practices. Students will learn how to perform thorough assessments, interpret findings, and provide safe and effective patient-centered care. The course emphasizes critical thinking, communication, and hands-on clinical skills. This course is your gateway to a rewarding career in healthcare with Magna Skills.

Course Outcomes

Upon completion of the course, students will be able to:

1. Demonstrate proficiency in conducting health assessments, including physical, psychosocial, and cultural assessments.
2. Collect and document comprehensive health data, including vital signs, medical history, and risk factors.
3. Utilize critical thinking and clinical judgment to analyze assessment findings.
4. Develop nursing care plans based on assessment data and prioritize patient needs.
5. Perform a variety of clinical nursing skills, such as wound care, medication administration, and patient education.
6. Effectively communicate and collaborate with healthcare team members and patients.
7. Apply ethical and legal principles in nursing practice, including confidentiality and informed consent.
8. Demonstrate cultural sensitivity and competence when providing care to diverse populations.

Course Outline / Curriculum

Module 1: Introduction to Health Assessment and Clinical Nursing

- Overview of the nursing process
- Role of health assessment in nursing practice
- Legal and ethical considerations in nursing

Module 2: Health Assessment Techniques

- Physical assessment techniques
- Psychosocial assessment
- Cultural competence in assessment
- Assessment tools and technology

Module 3: Data Collection and Documentation

- Collecting health history
- Performing physical assessments
- Documenting assessment findings
- Using electronic health records

Module 4: Critical Thinking in Nursing

- Clinical judgment and decision-making
- Prioritizing patient needs
- Developing nursing care plans
- Evidence-based practice in nursing

Module 5: Clinical Nursing Skills

- Medication administration and dosage calculations
- Wound care and infection control
- Intravenous therapy and phlebotomy
- Patient positioning and mobility

Module 6: Communication and Collaboration

- Effective communication in healthcare
- Interdisciplinary teamwork
- Patient education and health promotion
- Dealing with difficult patient situations

Module 7: Ethics and Cultural Competence

- Ethical principles in nursing
- Confidentiality and HIPAA

Cultural competence and diversity in healthcare

- Informed consent and patient rights

Module 8: Final Assessment and Certification

- Comprehensive health assessment
- Case studies and simulation exercises
- Course review and evaluation
- Certification and course completion

Assessment Methods:

- Quizzes and exams to evaluate knowledge and critical thinking skills.
- Clinical skills assessments through hands-on demonstrations.
- Case studies and patient simulations to apply knowledge to real-life scenarios.
- Participation in class discussions and group activities.

Target Audience

Coming soon

Key Course Benefits

Work-Ready Skills

Delegates leave with practical tools, templates and methods they can apply immediately at work.

Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability and service delivery.

Sponsor-Friendly

This document is designed to help supervisors, HR units and sponsors approve delegate participation quickly.

Professional Recognition

Delegates receive training documentation and a certificate of completion after successful participation.

Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

Southern Africa

Practical training destinations with strong travel access and delegate support.

- Pretoria, South Africa
- Vic Falls, Zimbabwe
- Livingstone, Zambia

East Africa

Popular regional centres for government, NGO and donor-funded project teams.

- Kigali, Rwanda
- Kampala, Uganda
- Nairobi,
- Zanzibar, Tanzania

West Africa & Islands

Strategic locations for regional networking and executive capacity building.

- Accra, Ghana
- Port Louis, Mauritius

International Executive Venue

Premium destination training for senior teams and international delegates.

- Dubai, United Arab Emirates

Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

- Online, E-Learning
- Remote Teams
- Flexib

Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

- Onsite
- Custom Dates
- Group Training

Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

Register / Apply Online | **View Full Course Page**

About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training | NGO Capacity Building | Corporate Workshops | Online Learning | Face-to-Face Training | Certifica

Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

Organisation / Department	
Delegate Name(s)	
Approved Course	Health Assessment and Clinical Nursing
Preferred Delivery Mode	☐ Online ☐ Face-to-Face ☐ Organisation-Based Training
Preferred Training Venue / Date	
Estimated Number of Delegates	
Budget / Vote Number	
Contact Person	
Email / Mobile	

Authorised Name _____ Signature / Stamp _____ Date _____