

Safety, Health and Environment (SHE)

# Health, Safety and Environment (HSE)

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE

**MSD2834**

DELIVERY

**Online / Face-to-Face**

DURATION

**Flexible**

PREPARED FOR

**Organisation Approval**

[Register for this Course](#)

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## Course Overview

The Health, Safety, and Environment (HSE) Short Course offered by Magna Skills is designed to provide participants with essential knowledge and skills to foster a safe and healthy workplace environment.

This comprehensive course covers key principles, regulations, and practices related to occupational health and safety, environmental sustainability, and the well-being of individuals within an organization.

## Course Outcomes

Upon completion of the HSE Short Course, participants will:

1. **Understand HSE Fundamentals:** Gain a solid understanding of the fundamental principles, concepts, and importance of Health, Safety, and Environment in the workplace.
2. **Compliance and Regulations:** Familiarize themselves with relevant local and international regulations and standards governing health, safety, and environmental practices.
3. **Risk Assessment and Management:** Develop skills in identifying, assessing, and managing risks in the workplace to ensure a secure and hazard-free environment.
- 4.

**Emergency Response Planning:** Learn the essentials of emergency response planning, including evacuation procedures, first aid, and crisis management.

5. **Environmental Sustainability:** Explore strategies for promoting environmental sustainability within the workplace, including waste management, energy conservation, and eco-friendly practices.
6. **Workplace Health Promotion:** Understand the importance of promoting physical and mental well-being in the workplace, including strategies for stress management and ergonomic considerations.
7. **Safety Culture:** Develop the knowledge and skills necessary to cultivate a positive safety culture within an organization, fostering a shared commitment to health and safety.
8. **Communication and Training:** Learn effective communication strategies for disseminating HSE information and the importance of ongoing training to ensure a well-informed workforce.

## Course Outline / Curriculum

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1. **Introduction to HSE**
  - Definition and importance of HSE
  - Historical perspectives and evolution of HSE in workplaces
2. **HSE Regulations and Compliance**
  - Overview of local and international HSE regulations
  - Compliance and legal responsibilities
3. **Risk Assessment and Management**
  - Hazard identification and risk assessment methodologies
  - Risk mitigation and management strategies
4. **Emergency Response and Crisis Management**
  - Emergency response planning and procedures
  - Crisis management and communication during emergencies
5. **Environmental Sustainability**
  - Principles of environmental sustainability
  - Practices for reducing environmental impact in the workplace
- 6.

## Workplace Health Promotion

- Physical and mental health considerations
- Strategies for promoting a healthy workplace culture

7.

## Safety Culture

- Building a positive safety culture
- Employee engagement and participation in safety initiatives

8.

## Communication and Training

- Effective communication strategies for HSE
- Importance of ongoing training and education

**Delivery Format:** The HSE Short Course will be delivered through a combination of lectures, case studies, group discussions, and practical exercises. Participants will have the opportunity to apply their knowledge through real-world scenarios, ensuring a well-rounded and practical understanding of HSE concepts.

## Target Audience

Managers, supervisors and safety professionals who wish to improve their skills and competencies in order to be able to assume their safety responsibilities and effectively carry out their tasks safely in their organization.

## Key Course Benefits

### Work-Ready Skills

Delegates leave with practical tools, templates and methods they can apply immediately at work.

### Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability and service delivery.

### Sponsor-Friendly

This document is designed to help supervisors, HR units and sponsors approve delegate participation quickly.

### Professional Recognition

Delegates receive training documentation and a certificate of completion after successful participation.

## Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

### Southern Africa

Practical training destinations with strong travel access and delegate support.

Pretoria, South Africa

Vic Falls, Zimbabwe

Livingstone, Zambia

### East Africa

Popular regional centres for government, NGO and donor-funded project teams.

Kigali, Rwanda

Kampala, Uganda

Nairobi, Kenya

Zanzibar, Tanzania

### West Africa & Islands

Strategic locations for regional networking and executive capacity building.

Accra, Ghana

Port Louis, Mauritius

### International Executive Venue

Premium destination training for senior teams and international delegates.

Dubai, United Arab Emirates

### Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

Online, E-Learning

Remote Teams

Flexibility

### Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

Onsite

Custom Dates

Group Training

## Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

[Register / Apply Online](#)

[View Full Course Page](#)

## About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training

NGO Capacity Building

Corporate Workshops

Online Learning

Face-to-Face Training

Certifica

## Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

<b>Organisation / Department</b>	
<b>Delegate Name(s)</b>	
<b>Approved Course</b>	Health, Safety and Environment (HSE)
<b>Preferred Delivery Mode</b>	<input type="checkbox"/> Online <input type="checkbox"/> Face-to-Face <input type="checkbox"/> Organisation-Based Training
<b>Preferred Training Venue / Date</b>	
<b>Estimated Number of Delegates</b>	
<b>Budget / Vote Number</b>	
<b>Contact Person</b>	
<b>Email / Mobile</b>	

\_\_\_\_\_  
Authorised Name

\_\_\_\_\_  
Signature / Stamp

\_\_\_\_\_  
Date