MAGNA SKILLS DEVELOPMENT INSTITUTE

Capacity Building • Professional Training • Organisational Development

Generated: 07-Nov-2026

Course Profile Document

Safety, Health and Environment (SHE)

Inter-Generational Caregiving: Nurturing Both Ends of Life

Prepared as a professional course profile for delegate review, sponsorship approval and organisational training planning.

COURSE CODE	DELIVERY	DURATION	PREPARED FOR
MSDI	**Online / Face-to-Face**	**Flexible**	**Organisation Approval**

Register for this Course **View Online Course Page**

Course Overview

Magna Skills presents the Intergenerational Care Mastery Program, a unique and comprehensive course designed to empower caregivers with the skills and knowledge necessary to provide expert care for both elderly individuals and children. This program combines cutting-edge insights, practical techniques, and hands-on training to prepare caregivers for the challenges and rewards of intergenerational caregiving. Participants will develop a holistic understanding of the diverse needs across age groups, promoting compassionate and effective care within the Magna Skills framework.

Course Outcomes

1. **Magna Care Philosophy:**
    - Understand and embrace the Magna Skills philosophy of caregiving that integrates the latest research and best practices in elderly and child care.
2.

Holistic Care Competence:

- Develop a comprehensive skill set to address the physical, emotional, and social needs of both elderly individuals and children.
- Acquire the ability to create tailored care plans that consider the unique characteristics of each age group.

3. **Communication Mastery:**
   - Hone communication skills to effectively engage with both seniors and children, fostering trust and understanding.
   - Learn to adapt communication styles to different developmental stages and cognitive abilities.
4. **Safety and Well-being Excellence:**
   - Master safety protocols for diverse care environments, ensuring the well-being of both elderly and young care recipients.
   - Implement age-appropriate activities that enhance physical and emotional health.
5. **Nutrition and Wellness Proficiency:**
   - Gain expertise in crafting nutrition plans that meet the specific dietary requirements of seniors and children.
   - Understand the role of balanced nutrition in promoting overall health and well-being.
6. **Advanced Care Techniques:**
   - Learn and practice advanced caregiving techniques for activities of daily living, mobility support, and developmental enrichment.
   - Develop proficiency in assisting with the unique needs of both age groups.
7. **Family-Centered Care Approach:**
   - Explore the dynamics of family relationships in the context of intergenerational caregiving.
   - Foster a family-centered care approach that promotes collaboration and inclusivity.
8. **Resilience and Emotional Intelligence:**
   - Develop resilience and emotional intelligence to navigate the emotional challenges inherent in caregiving.
   - Cultivate self-care practices to ensure sustained well-being.

Course Outline / Curriculum

Module 1: Magna Care Foundations

- Introduction to Magna Skills caregiving philosophy
- Ethical considerations in intergenerational caregiving

Module 2: Holistic Care Competence

- Understanding the diverse needs of elderly and child care recipients
- Tailoring care plans to individual requirements

Module 3: Communication Mastery Across Ages

- Effective communication strategies for seniors and children
- Building empathy and rapport in caregiving relationships

Module 4: Safety and Well-being Excellence

- Safety protocols for different care environments
- Age-appropriate activities for promoting physical and emotional well-being

Module 5: Nutrition and Wellness Proficiency

- Crafting nutrition plans for seniors and children
- Understanding the role of nutrition in overall wellness

Module 6: Advanced Care Techniques

- Advanced caregiving skills for activities of daily living
- Supporting mobility and developmental needs in both age groups

Module 7: Family-Centered Care Approach

- Dynamics of intergenerational family relationships
- Strategies for fostering a family-centered care environment

Module 8: Resilience and Emotional Intelligence

- Developing emotional resilience in caregiving
- Self-care practices for caregivers

Upon completion of the Intergenerational Care Mastery Program, participants will emerge as skilled and compassionate caregivers capable of providing expert care for both the elderly and children, embodying the Magna Skills commitment to excellence in caregiving.

Target Audience

Professionals in the health and social sciences, counsellors, nurses, social workers, psychologists, teachers, ministers of faith, peer-counsellors, lay counsellors, religious workers etc

Key Course Benefits

Work-Ready Skills

Delegates leave with practical tools, templates and methods they can apply immediately at work.

Better Institutional Results

The programme supports stronger planning, reporting, compliance, accountability and service delivery.

Sponsor-Friendly

This document is designed to help supervisors, HR units and sponsors approve delegate participation quickly.

Professional Recognition

Delegates receive training documentation and a certificate of completion after successful participation.

Our Training Centres & Delivery Options

Magna Skills offers flexible delivery through face-to-face training centres across Africa and beyond, plus Online / E-Learning for delegates who prefer remote participation.

Southern Africa

Practical training destinations with strong travel access and delegate support.

- Pretoria, South Africa
- Vic Falls, Zimbabwe
- Livingstone, Zambia

East Africa

Popular regional centres for government, NGO and donor-funded project teams.

- Kigali, Rwanda
- Kampala, Uganda
- Nairob
- Zanzibar, Tanzania

West Africa & Islands

Strategic locations for regional networking and executive capacity building.

- Accra, Ghana
- Port Louis, Mauritius

International Executive Venue

Premium destination training for senior teams and international delegates.

- Dubai, United Arab Emirates

Online / E-Learning

Attend from anywhere through live online, blended or self-paced learning options.

- Online, E-Learning
- Remote Teams
- Flexib

Organisation-Based Training

Magna Skills can also arrange dedicated in-house training for ministries, NGOs and companies.

- Onsite
- Custom Dates
- Group Training

Ready to Nominate Delegates?

Use the links below to register, review the live course page or contact Magna Skills for organisation-based training support.

Register / Apply Online | **View Full Course Page**

About Magna Skills

Magna Skills Development Institute provides practical capacity building programmes for government departments, NGOs, public institutions, donor-funded projects and private sector professionals across Africa. Our training approach combines expert facilitation, real workplace case studies, practical tools, post-training support and professional documentation that helps organisations strengthen staff performance and service delivery.

Government Training | NGO Capacity Building | Corporate Workshops | Online Learning | Face-to-Face Training | Certifica

Approval & Authorisation Form

This section may be completed by the organisation, department, HR office, finance office or sponsor approving delegate participation. It can be attached to an internal memo, procurement request or training approval submission.

Organisation / Department	
Delegate Name(s)	
Approved Course	Inter-Generational Caregiving: Nurturing Both Ends of Life
Preferred Delivery Mode	☐ Online ☐ Face-to-Face ☐ Organisation-Based Training
Preferred Training Venue /Date	
Estimated Number ofDelegates	
Budget / Vote Number	
Contact Person	
Email / Mobile	

Authorised Name _____ Signature / Stamp _____ Date _____