

## Health Assessment and Clinical Nursing Course Details

Department: Safety, Health and Environment (SHE)

Presented by Magna Skills Development Institute

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*Agency*

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## Course Summary

Magna Skills presents the "Health Assessment and Clinical Nursing" course, designed for aspiring nurses and healthcare professionals to develop essential skills in health assessment and clinical nursing. It covers comprehensive health assessment techniques, data collection, and clinical nursing practices. Students will learn how to perform thorough assessments, interpret findings, and provide safe and effective patient-centered care. The course emphasizes critical thinking, communication, and hands-on clinical skills. This course is your gateway to a rewarding career in healthcare with Magna Skills.

## Course Objectives

**Upon completion of the course, students will be able to:**

1. Demonstrate proficiency in conducting health assessments, including physical, psychosocial, and cultural assessments.
2. Collect and document comprehensive health data, including vital signs, medical history, and risk factors.
3. Utilize critical thinking and clinical judgment to analyze assessment findings.
4. Develop nursing care plans based on assessment data and prioritize patient needs.
5. Perform a variety of clinical nursing skills, such as wound care, medication administration, and patient education.
6. Effectively communicate and collaborate with healthcare team members and patients.
7. Apply ethical and legal principles in nursing practice, including confidentiality and informed consent.
8. Demonstrate cultural sensitivity and competence when providing care to diverse populations.

## Course Outline

### **Module 1: Introduction to Health Assessment and Clinical Nursing**

- Overview of the nursing process
- Role of health assessment in nursing practice
- Legal and ethical considerations in nursing

### **Module 2: Health Assessment Techniques**

- Physical assessment techniques
- Psychosocial assessment
- Cultural competence in assessment
- Assessment tools and technology

### **Module 3: Data Collection and Documentation**

- Collecting health history
- Performing physical assessments
- Documenting assessment findings
- Using electronic health records

### **Module 4: Critical Thinking in Nursing**

- Clinical judgment and decision-making
- Prioritizing patient needs
- Developing nursing care plans
- Evidence-based practice in nursing

### **Module 5: Clinical Nursing Skills**

- Medication administration and dosage calculations
- Wound care and infection control
- Intravenous therapy and phlebotomy
- Patient positioning and mobility

### **Module 6: Communication and Collaboration**

- Effective communication in healthcare
- Interdisciplinary teamwork
- Patient education and health promotion
- Dealing with difficult patient situations

### **Module 7: Ethics and Cultural Competence**

- Ethical principles in nursing
- Confidentiality and HIPAA
- Cultural competence and diversity in healthcare
- Informed consent and patient rights

### **Module 8: Final Assessment and Certification**

- Comprehensive health assessment
- Case studies and simulation exercises
- Course review and evaluation
- Certification and course completion

#### **Assessment Methods:**

- Quizzes and exams to evaluate knowledge and critical thinking skills.
- Clinical skills assessments through hands-on demonstrations.
- Case studies and patient simulations to apply knowledge to real-life scenarios.
- Participation in class discussions and group activities.



### **Company Overview**

**Who We Are:** Magna Skills is a premier training and capacity-building organization specializing in professional development for government institutions, NGOs, and the private sector.

**Our Mission:** To provide world-class training solutions that equip professionals with the expertise needed to excel in their careers and contribute meaningfully to their organizations.

**Our Vision:** To be the leading provider of professional training and development across Africa, fostering excellence, innovation, and capacity-building in public and private sectors.

### **Core Values**

- **Excellence** – Delivering high-quality training tailored to meet the evolving needs of professionals.
- **Integrity** – Upholding the highest ethical standards in all our engagements.
- **Innovation** – Embracing new technologies and methodologies to enhance learning experiences.

- **Customer-Centric Approach** – Ensuring client satisfaction by providing relevant, practical, and impactful training.
- **Collaboration** – Partnering with industry experts and institutions to provide the best learning opportunities.

### **Our Training Methodology**

We use a blended learning approach that includes instructor-led training, case studies, workshops, and post-training support.

### **Why Choose Magna Skills?**

- Experienced Trainers
- Customized Training Solutions
- Interactive Learning
- Global Recognition
- Proven Track Record

Request for Training Form

Complete the form and share with Magna Skills Support Team on email info@magnaskills.com or Send Whatsapp on: +27630079022

Approval & Authorization	
Applicant Details	Course Details
First Name:	Course Name:
Last Name:	Training Venue:
Mobile:	Month:
Email:	Training Method: Online[ ____ ] Face to Face [ ____ ]
Company Name:	Duration:
Country:	Number of Staff Members:

By signing this agreement, both parties confirm their commitment to the terms outlined in this proposal.