Venues: South Africa, Rwanda, Kenya, Dubai, Uganda, Ghana, Zambia, Zimbabwe, Mauritius, Tanzania Tel: +27 63 007 9022 | +250 722 99 0657 Email: info@magnaskills.com Web: www.magnaskills.com



**Department: Safety, Health and Environment (SHE)** 

**Presented by Magna Skills Development Institute** 

**Registration Link** 

Date Created: 07-Jun-2025

Training Coordinator: Denis Wunganayi



# **Course Summary**

The Health, Safety, and Environment (HSE) Short Course offered by Magna Skills is designed to provide participants with essential knowledge and skills to foster a safe and healthy workplace environment.

This comprehensive course covers key principles, regulations, and practices related to occupational health and safety, environmental sustainability, and the well-being of individuals within an organization.

## **Course Objectives**

Upon completion of the HSE Short Course, participants will:

- 1. **Understand HSE Fundamentals:** Gain a solid understanding of the fundamental principles, concepts, and importance of Health, Safety, and Environment in the workplace.
- 2. **Compliance and Regulations:** Familiarize themselves with relevant local and international regulations and standards governing health, safety, and environmental practices.
- 3. **Risk Assessment and Management:** Develop skills in identifying, assessing, and managing risks in the workplace to ensure a secure and hazard-free environment.
- 4. **Emergency Response Planning:** Learn the essentials of emergency response planning, including evacuation procedures, first aid, and crisis management.
- 5. **Environmental Sustainability:** Explore strategies for promoting environmental sustainability within the workplace, including waste management, energy conservation, and eco-friendly practices.
- 6. **Workplace Health Promotion:** Understand the importance of promoting physical and mental well-being in the workplace, including strategies for stress management and ergonomic considerations.
- 7. **Safety Culture:** Develop the knowledge and skills necessary to cultivate a positive safety culture within an organization, fostering a shared commitment to health and safety.
- 8. **Communication and Training:** Learn effective communication strategies for disseminating HSE information and the importance of ongoing training to ensure a well-informed workforce.

## **Course Outline**

- 1. Introduction to HSE
  - $^{\circ}\,$  Definition and importance of HSE
  - $^{\circ}\,$  Historical perspectives and evolution of HSE in workplaces
- 2. HSE Regulations and Compliance

- Overview of local and international HSE regulations
- Compliance and legal responsibilities

#### 3. Risk Assessment and Management

- Hazard identification and risk assessment methodologies
- Risk mitigation and management strategies

# 4. Emergency Response and Crisis Management

- Emergency response planning and procedures
- Crisis management and communication during emergencies

#### 5. Environmental Sustainability

- Principles of environmental sustainability
- o Practices for reducing environmental impact in the workplace

#### 6. Workplace Health Promotion

- Physical and mental health considerations
- o Strategies for promoting a healthy workplace culture

#### 7. Safety Culture

- Building a positive safety culture
- Employee engagement and participation in safety initiatives

# 8. Communication and Training

- Effective communication strategies for HSE
- Importance of ongoing training and education

**Delivery Format:** The HSE Short Course will be delivered through a combination of lectures, case studies, group discussions, and practical exercises. Participants will have the opportunity to apply their knowledge through real-world scenarios, ensuring a well-rounded and practical understanding of HSE concepts.



# AVAILABLE IN-PERSON, ONLINE & ON-SITE JOIN TODAY

\*\*WWW.MAGNASKILLS.COM +27 6300 79022



# **Company Overview**

**Who We Are:** Magna Skills is a premier training and capacity-building organization specializing in professional development for government institutions, NGOs, and the private sector.

**Our Mission:** To provide world-class training solutions that equip professionals with the expertise needed to excel in their careers and contribute meaningfully to their organizations.

**Our Vision:** To be the leading provider of professional training and development across Africa, fostering excellence, innovation, and capacity-building in public and private sectors.

#### **Core Values**

- Excellence Delivering high-quality training tailored to meet the evolving needs of professionals.
- Integrity Upholding the highest ethical standards in all our engagements.
- **Innovation** Embracing new technologies and methodologies to enhance learning experiences.
- Customer-Centric Approach Ensuring client satisfaction by providing relevant, practical, and impactful training.
- Collaboration Partnering with industry experts and institutions to provide the best learning opportunities.

#### **Our Training Methodology**

We use a blended learning approach that includes instructor-led training, case studies, workshops, and post-training support.

# Why Choose Magna Skills?

- Experienced Trainers
- Customized Training Solutions
- Interactive Learning
- Global Recognition
- Proven Track Record

# **Request for Training Form**

Complete the form and share with Magna Skills Support Team on email info@magnaskills.com or Send Whatsapp on: +27630079022

Approval & Authorization	
Applicant Details	Course Details
First Name:	Course Name:
Last Name:	Training Venue:
Mobile:	Month:
Email:	Training Method: Onine[ ] Face to Face [ ]
Company Name:	Duration:
Country:	Number of Staff Members:

By signing this agreement, both parties confirm their commitment to the terms outlined in this proposal.