

Inter-Generational Caregiving: Nurturing Both Ends of Life Course Details

Department: Safety, Health and Environment (SHE)

Presented by Magna Skills Development Institute

[Registration Link](#)

Date Created: 06-Jun-2025

Training Coordinator: Denis Wunganayi

EMPOWERING WORKFORCE THROUGH QUALITY TRAINING

- ✓ Expert Facilitators
- ✓ Customized Course Content
- ✓ Practical, Results-Oriented Training
- ✓ Trusted by Governments & Development Partners Across Africa

Contact Us:

+27 6300 79022
www.magnaskills.com

REGISTER NOW



Course Summary

Magna Skills presents the Intergenerational Care Mastery Program, a unique and comprehensive course designed to empower caregivers with the skills and knowledge necessary to provide expert care for both elderly individuals and children. This program combines cutting-edge insights, practical techniques, and hands-on training to prepare caregivers for the challenges and rewards of intergenerational caregiving. Participants will develop a holistic understanding of the diverse needs across age groups, promoting compassionate and effective care within the Magna Skills framework.

Course Objectives

1. Magna Care Philosophy:

- Understand and embrace the Magna Skills philosophy of caregiving that integrates the latest research and best practices in elderly and child care.

2. Holistic Care Competence:

- Develop a comprehensive skill set to address the physical, emotional, and social needs of both elderly individuals and children.
- Acquire the ability to create tailored care plans that consider the unique characteristics of each age group.

3. Communication Mastery:

- Hone communication skills to effectively engage with both seniors and children, fostering trust and understanding.
- Learn to adapt communication styles to different developmental stages and cognitive abilities.

4. Safety and Well-being Excellence:

- Master safety protocols for diverse care environments, ensuring the well-being of both elderly and young care recipients.
- Implement age-appropriate activities that enhance physical and emotional health.

5. Nutrition and Wellness Proficiency:

- Gain expertise in crafting nutrition plans that meet the specific dietary requirements of seniors and children.
- Understand the role of balanced nutrition in promoting overall health and well-being.

6. Advanced Care Techniques:

- Learn and practice advanced caregiving techniques for activities of daily living, mobility support, and developmental enrichment.
- Develop proficiency in assisting with the unique needs of both age groups.

7. Family-Centered Care Approach:

- Explore the dynamics of family relationships in the context of intergenerational caregiving.
- Foster a family-centered care approach that promotes collaboration and inclusivity.

8. Resilience and Emotional Intelligence:

- Develop resilience and emotional intelligence to navigate the emotional challenges inherent in caregiving.
- Cultivate self-care practices to ensure sustained well-being.

Course Outline

Module 1: Magna Care Foundations

- Introduction to Magna Skills caregiving philosophy
- Ethical considerations in intergenerational caregiving

Module 2: Holistic Care Competence

- Understanding the diverse needs of elderly and child care recipients
- Tailoring care plans to individual requirements

Module 3: Communication Mastery Across Ages

- Effective communication strategies for seniors and children
- Building empathy and rapport in caregiving relationships

Module 4: Safety and Well-being Excellence

- Safety protocols for different care environments
- Age-appropriate activities for promoting physical and emotional well-being

Module 5: Nutrition and Wellness Proficiency

- Crafting nutrition plans for seniors and children
- Understanding the role of nutrition in overall wellness

Module 6: Advanced Care Techniques

- Advanced caregiving skills for activities of daily living
- Supporting mobility and developmental needs in both age groups

Module 7: Family-Centered Care Approach

- Dynamics of intergenerational family relationships

- Strategies for fostering a family-centered care environment

Module 8: Resilience and Emotional Intelligence

- Developing emotional resilience in caregiving
- Self-care practices for caregivers

Upon completion of the Intergenerational Care Mastery Program, participants will emerge as skilled and compassionate caregivers capable of providing expert care for both the elderly and children, embodying the Magna Skills commitment to excellence in caregiving.



MAGNA SKILLS
www.magnaskills.com

**AVAILABLE IN-
PERSON, ONLINE
& ON-SITE**

JOIN TODAY

WWW.MAGNASKILLS.COM
+27 6300 79022



Company Overview

Who We Are: Magna Skills is a premier training and capacity-building organization specializing in professional development for government institutions, NGOs, and the private sector.

Our Mission: To provide world-class training solutions that equip professionals with the expertise needed to excel in their careers and contribute meaningfully to their organizations.

Our Vision: To be the leading provider of professional training and development across Africa, fostering excellence, innovation, and capacity-building in public and private sectors.

Core Values

- **Excellence** – Delivering high-quality training tailored to meet the evolving needs of professionals.
- **Integrity** – Upholding the highest ethical standards in all our engagements.
- **Innovation** – Embracing new technologies and methodologies to enhance learning experiences.
- **Customer-Centric Approach** – Ensuring client satisfaction by providing relevant, practical, and impactful training.
- **Collaboration** – Partnering with industry experts and institutions to provide the best learning opportunities.

Our Training Methodology

We use a blended learning approach that includes instructor-led training, case studies, workshops, and post-training support.

Why Choose Magna Skills?

- Experienced Trainers
- Customized Training Solutions
- Interactive Learning
- Global Recognition
- Proven Track Record

Request for Training Form

Complete the form and share with Magna Skills Support Team on email info@magnaskills.com or Send Whatsapp on: +27630079022

Approval & Authorization	
Applicant Details	Course Details
First Name:	Course Name:
Last Name:	Training Venue:
Mobile:	Month:
Email:	Training Method: Online[____] Face to Face [____]
Company Name:	Duration:
Country:	Number of Staff Members:

By signing this agreement, both parties confirm their commitment to the terms outlined in this proposal.